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Things to Give Up for Lent

1. Social networking
2. Alcohol
3. Twitter
4. Chocolate
5. Lent
6. Meat
7. Swearing
8. Coffee
9. Soda
10. Sex
11. Worry
12. Sleeping in
13. Anger
14. Unforgiveness
15. Comparison
16. Gossiping
17. Stress eating
18. Complaining
19. Your Time
20. Your Money
21. Sleeping in a Bed
22. Taking Hot Showers
23. Watching TV/YouTube
24. Wearing Make-up
25. Games on Your Phone
26. Looking in the Mirror
27. Checking Your Bank Account
28. Bottled Water
29. Weighing Yourself
30. Questionable Books
31. Listening to the Radio
32. Using Instagram Filters
33. Texting While Driving
34. Driving Over the Speed Limit
35. Overeating
36. Getting Take Out
37. Talking About Yourself
38. Letting the Housework Pile Up
39. Avoiding Difficult Conversations
40. Working overtime
41. Nagging
42. Online Shopping
43. Snacking
44. Checking Your Phone
45. Hitting the Drive Thru
46. A Specific Food Group
47. Negative Relationships
48. Clutter
49. Negative Thoughts about Yourself
50. Trying to Get Your Own Way